

Self-disciplined health care professional with nursing care experience across various age groups and clinical settings, to include acute/emergency, medical-surgical, orthopedic, cardiology, telemetry, and bariatric care. Analytical professional skilled in implementing process improvement to improve the quality of patient care. Collaborative communicator continually focused on building relationships and promoting synergy across different departments of the hospital to drive positive change and serve patients/residents better. Efficient in integrating complex data to aid the completion of interdisciplinary plans of care. **Core competencies include:**

- Nursing Staff Management
- Treatment Planning
- Case Management
- Process Improvement
- Records Management
- Medical Teamwork
- Scheduling and Mentoring
- Discharge Planning
- Interpersonal Skills
- Acute/Emergency Care
- Pain Management
- Patient Education

Professional Experience

Saint Peter Hospital, Littleton, CO

Medical-Surgical Unit Supervisor/House Supervisor (PRN), 10/2016 to Present

Provide administrative oversight and direction for the Medical-Surgical Unit. Organize services and systems necessary for the multidisciplinary approach throughout the continuum of care. Develop and implement processes for smooth and efficient patient care. Manage daily administrative duties, such as schedules, nursing assignments, medications administration, etc. Liaise with physicians and other health care staff to create and adjust patient care plans. Assist with the development of practice protocols.

- Plan, direct, lead, and evaluate nursing care by overseeing daily workflow, staffing, organizing services, and quality improvement processes related to patient care.
- Assist with ENT surgeries, gynecological surgeries, and abdominal surgeries.
- Provide nursing assistance during joint spine surgeries (Orthopedic Unit), DIEP flaps breast reconstructions and Bariatric surgeries.

Wallace ark Medical Center, Colorado Springs, CO

Part-Time Staff Nurse (Medical-Surgical Unit), 2018 to Present

Staff Nurse (Orthopedics, Telemetry, Cardiology), 2013-2016

Charge Nurse (Medical-Surgical Unit), 2010 to 2013

Assist with managing the care of the patients experiencing medical conditions or general surgical procedures, which require general assessments related to specific conditions and general interventions. Utilize the nursing process to assess, plan, evaluate, and implement patient care in various hospital settings (medical-surgical unit, orthopedics, cardiology, telemetry). Supervise nursing staff, offering guidance and support and ensuring all operational tasks were completed efficiently and on time.

- Conducted individualized patient assessments through physical examinations.
- Coordinated with physicians and other health care team members to develop and adjust patient care plans.
- Monitored, recorded, and reported symptoms and changes in residents' conditions.
- Liaised between patients and doctors to ensure patient comprehension of treatment plans.

Recovery Medical Center, Colorado Springs, CO

Registered Nurse/Staff Nurse/Relief Charge, 2014 to 2015

Managed comprehensive nursing care for general and surgical patients, to include post-operative orthopedic and bariatric patients. Utilized the nursing process to assess, plan, evaluate, and implement patient care.

- Assessed care needs; assisted with the development, implementation, and evaluation of patient care plans.
- Performed hands-on nursing care to help patients recover after surgeries/injuries.
- Provided the details of the treatment or precautions that the patient's relatives need to take care of and also all the required details of these precautions and measures.

Other Experience

Saint Paul Medical Center, Colorado Springs, CO
RN/Charge Nurse, 1997- 2000

BPS Hospital, Colorado Springs, CO
RN/Senior Staff Nurse, 1995- 1997

Military Hospital, Armed Forces, UAE
Charge Nurse, 1982- 1995

Education

Master of Science in Nursing (Emphasis in Leadership in Health Care)
UNIVERSITY OF COLORADO | Boulder, CO | 2019

Bachelor of Science in Nursing
UNIVERSITY OF COLORADO | Boulder, CO | 2015

Bachelor of Science in Nursing (Not Completed)
MARIAN SCHOOL OF NURSING | Manila, Philippines | 1979 - 1980

Nursing Diploma
GENERAL HOSPITAL AND MEDICAL CENTER, SCHOOL OF NURSING | Philippines | 1977

Pre-Nursing Program Completion, Liberal Arts
GAWE COLLEGES FOUNDATION | Philippines | 1975

Training & Certifications

Licensed Registered Nurse, Colorado

Certified Medical-Surgical Registered Nurse

Orthopedic Nurse Certified

Advanced Cardiac Life Support

Certified Trauma Nurse

Certified General Foreign Nurse

Graduate Leadership Academy – Saint Paul Medical Center